

BREAKFAST SPECIALS

Sunny Breakfast \$ 14.95

Three sunny side up large eggs served with a side of sausage, a side of bacon, toast and a choice of roasted potatoes or fruit salad.

Italian Job \$ 13.95

Three sunny side up large eggs topped with Prosciutto di Parma and smoked mozzarella served with toast and a choice of roasted potatoes or fruit salad.

Eggs alla Fiorentina (V) \$ 12.95

Three sunny side up large eggs topped with spinach and shaved Parmesan cheese served with toast and a choice of roasted potatoes or fruit salad.

SCRAMBLE

All scramble are prepared with 3 Grade AA eggs served with toast and a choice of roasted potatoes or fruit salad

SoleLuna Breakfast \$ 13.95

Plain scramble eggs served with a side of sausage and a side of bacon

Contadina (V) \$ 11.95

Spinach, fresh tomatoes, feta and basil.

Sole \$ 11.95

Crispy bacon, Italian sausage, blue cheese and mushroom.

Luna (V) \$ 11.95

Grilled vegetables, goat cheese and spinach.

Tradizionale \$ 11.95

Italian sausage, Swiss cheese, onion and mushroom.

Terra \$ 11.95

Ham, smoked mozzarella, fresh tomatoes and spinach.

Boscaiola \$ 11.95

Ham or turkey, mozzarella, bell peppers, mushroom.

Gustosa \$ 11.95

Smoked salmon, smoked mozzarella, basil red onion and capers.

Plain scrambled eggs \$ 8.95

* Add chicken, smoked salmon or prosciutto \$ 3.00

* Add ham, sausage, pepperoni or cheese \$ 2.00

* Add mushroom, veggie, onion, olives, pesto \$ 1.00

BREAKFAST SANDWICHES

Your choice of bagel, croissant, toast, sub roll 5"

Cream cheese \$ 3.95

Egg and cheese \$ 5.95

Egg bacon and cheese \$ 6.95

Egg turkey or ham and cheese \$ 6.95

Prosciutto di parma or salame and cheese \$ 6.95

Fresh mozzarella tomatoes and basil \$ 6.95

Egg avocado bacon and cheese \$ 7.95

Smoked salmon \$ 8.95

cream cheese, red onion, capers

Plain \$ 3.00

* (G) Gluten free bagel add \$ 2.00

BREAKFAST SIDES

Bacon, sausage, turkey or ham \$ 4.50

Smoked salmon \$ 4.50

Roasted potatoes \$ 4.50

Vegetables \$ 6.50

SWEET MORNING

Homemade Banana bread \$ 3.95

Nutella Croissant \$ 3.00

Jam Croissant \$ 3.00

Wheat toast with butter and jam \$ 3.50

Fruit salad \$ 4.50

SMOOTHIES

Classic \$ 6.95

Banana, orange juice, strawberry, ice.

Original \$ 6.95

Banana, cranberry juice, strawberry, ice.

Tropical \$ 6.95

Banana, pineapple juice, strawberry, ice.

Mix Fruit \$ 6.95

Banana, fresh fruit, milk, ice.

*Add vanilla ice cream \$ 2.50

SPECIAL DRINK

Screwdriver \$ 5.00

Vodka, orange juice

Bloody Mary \$ 6.00

Vodka, tomato juice and spices.

Mimosa \$ 5.00

Italian Champagne and Orange Juice

Bellini/Rossini \$ 5.00

Italian Champagne, Peach juice/ Strawberry

COFFEE BEVERAGES

Regular Coffee or ICE coffee \$ 2.50

Espresso \$ 2.25

Double Espresso \$ 3.00

Americano \$ 3.00

Cappuccino \$ 3.80

Latte \$ 4.00

Soy or Almond Latte \$ 4.80

Mocha \$ 4.50

White or Mexican Mocha \$ 4.50

Hot Chocolate \$ 3.80

Hot Tea \$ 2.50

Chai Latte \$ 4.80

*Extra shot of espresso \$ 1.00

*Additional Syrup \$ 0.80

*Soy or Almond milk \$ 0.80

APPETIZERS

Bocconcini Balsamici \$ 11.95

Mozzarella bites wrapped in prosciutto di Parma, finished with balsamic glaze.

Burrata \$ 13.95

Burrata cheese, prosciutto di Parma, mix of vegetables

Caprese Avocado toast (V) \$ 10.95

Avocado toast with fresh mozzarella, tomatoes, basil, finished with balsamic glaze.

Stuffed Portobello Mushroom (V) \$ 11.95

Mushrooms stuffed with breadcrumbs, parmesan cheese, topped with sundried tomatoes and gorgonzola cream sauce served on a bed of arugula.

Prosciutto e Melone \$ 9.95

Cantaloupe and prosciutto di Parma.

Antipasto Emiliano \$ 17.95

Prosciutto di parma, Italian ham, salami, turkey, speck, parmesan cheese, gorgonzola, mixed olives.

Marinara sauce and bread (V) \$ 7.95

Side of our home made marinara sauce and bread basket.

Bruschetta Sampler (V) \$ 7.95

A variety of grilled bread rubbed with garlic, topped with cherry tomatoes, fresh basil and grilled bread topped with mushroom and gorgonzola sauce.

Bruschetta Coronado Sampler \$ 9.95

Grilled bread topped with cream cheese, smoke salmon and grilled bread with tuna mousse, red onion.

SALAD

Insalata Mista (V) \$ 5.50

Mixed greens, tomatoes, carrots and our house dressing.

Caprese (V) \$ 10.95

Fresh mozzarella, sliced tomatoes, fresh basil topped with extra virgin olive oil dressing.

Mediterranea (V) \$ 9.95

Mixed greens, feta cheese, orange slices, black olives, sesame seeds and lemon vinaigrette.

Avocado \$ 13.95

Mixed greens, chicken strips, avocado, cherry tomato, crispy bacon and our signature house dressing.

Romana \$ 12.95

Romaine lettuce, chicken strips, smoked mozzarella, sun dried tomatoes and our house dressing.

Siciliana \$ 11.95

Spinach, marinated rosemary tuna, boiled eggs, capers, fresh mozzarella, tomatoes, extra virgin olive oil and balsamic vinegar.

Primavera (V) \$ 9.95

Arugola, crumbled Gorgonzola cheese, sliced pears, toasted almonds, sun dried blueberries in a honey balsamic vinaigrette.

Mare \$ 14.95

Mixed greens, smoked salmon, tuna, shrimp, hearts of palm and cucumber in a lemon olive oil dressing.

*Add chicken or smoked salmon for \$ 4.50

*Add avocado for \$ 2.50

PASTA

(G) Gluten free upon request add \$ 1.50

Spaghetti al pomodoro (V) (G) upon request \$ 10.95

Italian Spaghetti served with slow cooked sauce made from tomatoes, carrots, celery, basil, light onion and fresh herbs, finished with parmesan cheese.

Penne all'arrabbiata (V) (G) upon request \$ 12.95

Penne pasta served with slow cooked spicy tomato sauce, finished with parmesan cheese.

Tagliatelle alla Bolognese \$ 13.95

Typical Emilia Romagna pasta, served with a combination of ground beef in a homemade Tomato sauce, and finished with parmesan cheese.

Spaghetti al pesto (V) (G) upon request \$ 12.95

Italian Spaghetti pasta served with Homemade pesto sauce finished with parmesan cheese.

Lasagna Classica \$ 14.95

Layers of fresh pasta, Ragù Bolognese, béchamel, topped with marinara sauce.

Lasagna Contadina (V) \$ 14.95

Layers of fresh pasta, mixed vegetables, béchamel, topped with marinara sauce.

Tortellini \$ 15.95

Fresh pasta stuffed with mixed meat, served with light cream sauce and ham.

Caramelle (V) \$ 14.95

Fresh pasta stuffed with ricotta cheese and spinach, served with butter and sage.

Ravioli ai Funghi (V) \$ 15.95

Mushroom ravioli served with light mushroom sauce and parmesan cheese.

Gnocchi Nonna Rosa (V) \$ 14.95

Homemade potato gnocchi served in a light creamy pink sauce, finished with parmesan cheese.

Gnocchi alla Boscaiola \$ 16.95

Homemade potato gnocchi served with light mushroom sauce, sausage, finished with parmesan cheese.

Pasta California (G) upon request \$ 16.95

Short pasta served with Homemade pesto sauce and chicken strips finished with parmesan cheese.

Caramelle Vecchia Modena \$ 18.95

Fresh pasta stuffed with ricotta cheese and spinach, served in a light cream sauce with crispy bacon and finished with balsamic reduction.

Tagliatelle Alfredo style \$ 19.95

Italian Tagliatelle served with light Alfredo sauce, parmesan cheese, with shrimp or chicken.

Pasta Kids (Served with soda) \$ 8.00

Choice of marinara, butter and parmesan, light cream or bolognese

SPECIAL LUNCH COMBO

Served with soda or iced Tea

½ Lasagna & Green Salad \$ 9.95

½ Spaghetti al pomodoro & Green Salad \$ 9.95

½ Tagliatelle Bolognese & Green Salad \$ 9.95

½ Italian Panini & Cup of Soup \$ 9.95

SIDES

Vegetables	\$	6.50
Roasted potatoes	\$	4.50
Pasta (butter and parmesan cheese or marinara)	\$	4.50

SOUPS

Minestrone (V)	\$	7.50	\$	8.95
Salmon Chowder	\$	7.50	\$	8.95
Soup of the day	\$	7.50	\$	8.95

SECONDI

Eggplant Parmigiana (V) \$ 16.95

Layers of grilled eggplant, smoked mozzarella cheese and marinara sauce, topped with smoked mozzarella and oregano.

Chicken Valdostano \$ 18.95

Chicken breast baked in a light cream sauce, topped with smoked mozzarella and ham, served with your choice of roasted potatoes or grilled vegetables.

Chicken Affumicato \$ 18.95

Chicken breast baked in a light cream sauce, topped with smoked mozzarella and mushrooms, served with your choice of salad or grilled vegetables.

Chicken Parmigiana \$ 18.95

Crispy baked chicken breast breaded topped with marinara sauce and parmesan cheese, served with your choice of roasted potatoes or side of pasta.

Chicken Cotoletta \$ 18.95

Crispy baked chicken breast breaded served with fresh tomatoes and fresh arugula. Your choice of roasted potatoes or side of pasta.

Salmone alla Griglia \$ 19.95

Fresh salmon fillet seasoned and grilled, served over a bed of mix green salad.

Salmone alla Livornese \$ 19.95

Fresh salmon fillet, green and black olives, capers, red onion, fresh tomatoes, served with a side of spaghetti pasta or salad.

Ahi Tuna Fillet \$ 19.95

Tuna fillet in a sesame crust grilled, served over a bed of mixed green salad.

DESSERT

<u>Homemade Tiramisu</u>	\$	7.00
<u>Homemade Crème Brulee</u>	\$	7.00
<u>Affogato al caffè</u>	\$	5.95
<u>Profiterol</u>	\$	7.00
<u>Chocolate Mousse</u>	\$	7.00
<u>Sicilian Cannoli</u>	\$	7.00
<u>Fruit salad with Vanilla Ice cream</u>	\$	7.00
<u>Vanilla & Chocolate Ice cream</u>	\$	7.00
<u>Lemon Sorbet</u>	\$	7.00
<u>Mixed Berry Cake</u>	\$	7.00

ITALIAN PANINI

Your choice of sub roll 8', croissant or toast

All Panini are served with a side of salad

Affumicato \$ 9.95

Smoked turkey, smoked mozzarella, sliced tomatoes with rosemary mayo.

Montanaro \$ 9.95

Smoked turkey, smoked mozzarella, mushroom and mayo

Rustico \$ 9.95

Smoked prosciutto speck, goat cheese, olive pate, grilled zucchini and fresh spinach.

Pic-Nic \$ 9.95

Black forest ham, swiss cheese, sliced tomatoes and arugula.

Genovese \$ 9.95

Prosciutto cotto, fresh mozzarella, sliced tomatoes and pesto spread.

Collina \$ 10.95

Chicken breast strips, smoked mozzarella, lettuce and mayo.

Modenese \$ 10.95

Prosciutto di parma, sliced tomatoes, fresh mozzarella, lettuce, finished with Balsamic vinegar glaze.

Milano \$ 9.95

Salami, sliced tomatoes, smoked mozzarella, lettuce.

Tonno \$ 9.95

Marinated rosemary tuna, swiss cheese, mayo, lettuce and tomatoes.

Panino Caprese (V) \$ 8.95

Fresh mozzarella, basil, sliced tomatoes, lettuce, finished with salt and olive oil.

* (G) Gluten free multigrain toast add \$ 2.00

PIZZE

Margherita (V) \$ 10.95

Tomato sauce, mozzarella, fresh basil.

Pepperoni \$ 11.95

Tomato sauce, mozzarella, pepperoni.

Focaccia Mediterranea \$ 11.95

Pizza bread, prosciutto di parma

San Diego \$ 14.95

Tomato sauce, mozzarella, ham, mushroom.

Coronado \$ 14.95

Smoked mozzarella, grilled vegetables, tomato sauce, mozzarella.

Sunset Cliff \$ 14.95

Tomato sauce, mozzarella, prosciutto di Parma, arugula, shaved Parmesan cheese.

Tonno \$ 14.95

Mozzarella, tuna, red onion, cherry tomato.

Castello \$ 14.95

Tomato sauce, mozzarella, sausage, mushroom.

California \$ 14.95

Tomato sauce, mozzarella, pesto, chicken.

(G) Gluten free pizza crust upon request add \$ 4.00

Add chicken, smoked salmon or prosciutto \$ 3.00

Add ham, sausage, pepperoni or cheese \$ 2.00

Add mushroom, veggie, onion, olives, pesto \$ 1.00

BEVERAGES

<u>Pellegrino 500ml</u>	<u>\$ 3.00</u>
<u>Italian soda</u>	<u>\$ 2.50</u>
<u>Ice Tea</u>	<u>\$ 2.50</u>
<u>SODA (Sprite, Coke, Lemonade)</u>	<u>\$ 2.50</u>
<u>Shirley Temple</u>	<u>\$ 4.00</u>
<u>Arnold Palmer</u>	<u>\$ 3.00</u>
<u>Juice</u>	<u>\$ 3.50</u>
<u>Bottled water 500ml</u>	<u>\$ 1.50</u>

DRAFT BEER

<u>Birra Fuoco (CRAFT)</u>	<u>\$ 7.50</u>	
<u>Stella Artois</u>	Happy hour \$ 3.50	<u>\$ 5.50</u>
<u>Elysian Space Dust IPA</u>	Happy hour \$ 3.50	<u>\$ 5.50</u>
<u>Moretti La Rossa</u>	Happy hour \$ 3.50	<u>\$ 5.50</u>
<u>Bottle</u>	Happy hour \$ 3.50	<u>\$ 5.50</u>

SPECIAL DRINK

<u>House red wine</u>	H.H. \$ 4.50	<u>\$ 5.95</u>
<u>House white wine</u>	H.H. \$ 4.50	<u>\$ 5.95</u>
<u>Whiskey & soda</u>	H.H. \$ 4.50	<u>\$ 5.95</u>
<u>Vodka & soda</u>	H.H. \$ 4.50	<u>\$ 5.95</u>
<u>Whiskey & soda</u>	H.H. \$ 4.50	<u>\$ 5.95</u>
<u>Gin & soda</u>	H.H. \$ 4.50	<u>\$ 5.95</u>
<u>Rum & soda</u>	H.H. \$ 4.50	<u>\$ 5.95</u>

COFFEE BEVERAGES (3.00pm- 6.30 pm)

<u>Regular Coffee or ICE coffee</u>	<u>\$ 3.00</u>
<u>Espresso</u>	<u>\$ 2.50</u>
<u>Americano</u>	<u>\$ 3.50</u>
<u>Cappuccino</u>	<u>\$ 4.00</u>
<u>Latte</u>	<u>\$ 4.50</u>
<u>Hot Tea</u>	<u>\$ 2.50</u>
<u>Chai Latte</u>	<u>\$ 4.80</u>
*Extra shot of espresso	<u>\$ 1.00</u>
*Additional Syrup	<u>\$ 0.80</u>
*Soy or Almond milk	<u>\$ 0.80</u>

HAPPY HOUR Menu (3.00 p.m. – 5.30 p.m.)

Bocconcini Balsamici \$ 7.50
Mozzarella bites wrapped in prosciutto di Parma, finished with balsamic glaze.

Marinara sauce and bread \$ 5.00
Side of our home made marinara sauce and bread basket.

Bruschetta Sampler (V) \$ 6.00
A variety of grilled bread rubbed with garlic, topped with cherry tomatoes, fresh basil and grilled bread topped with mushroom and gorgonzola sauce.

Bruschetta Coronado Sampler \$ 7.50
Grilled bread topped with cream cheese, smoke salmon and grilled bread with tuna mousse, red onion.

Insalata Mista (V) \$ 4.50
Mixed greens, tomatoes, carrots and our house dressing

Caprese (V) \$ 7.00
Fresh mozzarella, sliced tomatoes, fresh basil topped with extra virgin olive oil dressing.

Penne all'arrabbiata (V) \$ 9.95
Penne pasta served with slow cooked spicy tomato sauce, finished with parmesan cheese.

Spaghetti al pesto (V) \$ 9.95
Italian Spaghetti pasta served with Homemade pesto sauce finished with parmesan cheese.

½ Lasagna Classica \$ 6.00
Layers of fresh pasta, Ragù Bolognese, béchamel, topped with marinara sauce.

Margherita Pizza (V) \$ 7.95
Tomato sauce, mozzarella, oregano.

Pepperoni Pizza \$ 8.95
Tomato sauce, mozzarella, pepperoni.

SPECIAL COMBO HAPPY HOUR

½ Lasagna & Green Salad \$ 9.95

½ Spaghetti al pomodoro & Green Salad \$ 9.95

½ Tagliatelle Bolognese & Green Salad \$ 9.95



GLUTEN FREE and VEGAN MENU

APPETIZERS

Prosciutto e Melone GF \$ 9.95

Cantaloupe and prosciutto di Parma.

Vegan Bruschetta VEGAN \$ 7.95

A variety of grilled bread rubbed with garlic, topped with cherry tomatoes, fresh basil.

SOUPS

Minestrone VEGAN \$ 7.50 \$ 8.95

PASTA

Penne Gluten Free GF \$ 14.45

Choice of marinara sauce, butter and parmesan, light cream, or pesto

Garden Ravioli GF and VEGAN \$ 18.95

A Vegan Gluten free Ravioli filled with zucchini, mushrooms, bell peppers, caramelized onions, spinach, herbs and coconut cream cheese folded in a gluten free Vegan pasta served with slow cooked marinara sauce.

Vegan Sausage and Broccoli Ravioli VEGAN \$ 18.95

A Vegan Ravioli filled with Vegan Italian Sausages, steamed Broccoli, tomatoes, chili flakes and fine herbs tossed with coconut milk cream cheese then wrapped in a vegan pasta served with slow cooked marinara sauce and vegan mozzarella.

SALAD

Vegan Insalata mista GF and VEGAN \$ 5.50

Mixed greens, tomatoes, carrots, extra virgin olive oil and balsamic vinegar.

Vegan Mediterranea GF and VEGAN \$ 9.95

Mixed greens, orange slices, black olives, shredded vegan mozzarella, and lemon vinaigrette.

***Add Avocado** \$ 2.50

PIZZE

Vegan Margherita \$ 13.95

Tomato sauce, vegan mozzarella, fresh basil.

Vegan Margherita Gluten free \$ 17.95

Tomato sauce, vegan mozzarella, fresh basil in a gluten free pizza crust

Vegan Garden \$ 15.95

Tomato sauce, vegan mozzarella, grilled vegetables

Vegan Garden Gluten free \$ 19.95

Tomato sauce, vegan mozzarella, grilled vegetables in a gluten free pizza crust

Add chicken, smoked salmon or prosciutto \$ 3.00

Add ham, sausage, pepperoni or cheese \$ 2.00

Add mushroom, veggie, onion, olives, pesto \$ 1.00